

H1N1 Update-November 16, 2009

H1N1 Vaccines-As of last Tuesday, 315,926 H1N1 vaccinations have been given to Hoosiers this year, with 56 percent of the vaccinations going to people 6 months to 24 years, 31 percent to health care workers, and 16.4 percent to pregnant women. Each of those groups is considered at high risk for getting H1N1.

Vaccine in Monroe County is still very limited. The Monroe County Health Department is starting to see an increase in vaccine. As the H1N1 vaccine supply increases, it will be easier to receive the vaccine; however the high risk groups will be receiving it first. Initially, most vaccine went to providers to inoculate children, pregnant women and healthcare workers. The Monroe County Health Department has been holding school vaccination clinics to allow students the option of being inoculated at their school. A special clinic is also being offered to students in private schools and students who home school. The health department urges people in the five target groups to contact their healthcare provider for information about vaccine availability.

Those five target groups are:

- Pregnant Women
- Parents/caregivers of infants under 6 months of age
- Children and young adults from 6 months to 24 years of age
- Individuals aged 25-64 years of age with underlying chronic conditions or who are immune compromised
- Healthcare providers and emergency medical services workers

Indiana University is receiving additional doses of the H1N1 flu vaccine for its Bloomington Campus, enough for students and employees who reserved vaccines online.

Health officials advise everyone to follow the **three C's** to prevent the spread of a cold, influenza, or any infectious disease:

- **Cover** your nose and mouth with a tissue when you cough or sneeze
- **Cleanse** hands (wash with warm soap and water, if water is not available use hand sanitizer)
- **Contain** when ill (stay home from school or work if you are sick)

For more state and national information go to www.cdc.gov/h1n1 or www.flu.gov